

Tooth-coloured (Composite) Filling Frequently Asked Questions

How long do tooth-coloured fillings last?

Tooth-coloured fillings, with a thorough oral hygiene routine and regular check-ups, should last as long as silver ones, which is usually between five and ten years, or longer. This can vary significantly from person to person though and will depend on how well you look after them. With daily brushing, flossing and regular trips to the dentist, you can keep your filling in a good condition. Staining cannot be completely prevented, but as with the natural portion of your teeth, avoiding foods which can cause staining is best. If your filling becomes damaged, loose or falls out, it can be replaced as long as this is still the most suitable course of treatment. If this happens, simply book your next check-up.

If I already have a silver (amalgam) filling, can it be replaced with a tooth-coloured filling?

In most cases, yes. However, you will need to ask the dentist at your check-up appointment to ensure it is an appropriate course of treatment.

Are tooth-coloured fillings safe?

Yes, they're entirely safe. If you need a filling and have any concerns about them, please mention them to your dentist at your appointment who will be happy to discuss these with you before you are treated.

Are other types of fillings available at Hampton Dental Care?

Yes, traditional amalgam (silver) fillings glass ionomer fillings are available. Your dentist can advise you which is the most appropriate for you at your appointment.

Does getting a filling hurt?

No, undergoing any filling treatment is generally painless due to the anaesthetic applied to numb your tooth. You may feel the filling being placed, but this won't be painful and is a routine part of the procedure.